

Connecting Through Dance: Arts Education Impact Outreach Newsletter

January 2021



Hello from Ali

Welcome 2021! I can imagine that you all are just as thrilled as we are to start the year 2021! We are filled with all kinds of feelings, but at the top of our list is hope, love and inspired! Thank you to all of our young friends out there whom have been dancing with us throughout 2020! It hasn't been the easiest, but it has been rewarding and we have learned a great deal from all of you! This month, we have some new events and new schools to engage with on the horizon. We also have changed up our videos so please check them out to see what we have come up with for all of you! Thank you to everyone who continues to dance with us. To those who are new to our program, we welcome you! As always, I look forward to creating with you!

Let's Move!

Below is the link to our Arts Education Impact Video Series for this month. We hope you enjoy moving and creating with us as much as we have loved creating the classes for you!



Click here for the January Videos!

We Want to Hear From You!

Please use this google form to let us know how we are doing and how we can improve. Take Root strives to create a safe, inviting and artistically inspired atmosphere for everyone no matter if we are virtual or in person. Your feedback will help us to continue to make our classes



even better. Thank you for taking the time to reach out to us and to help Impact Lives Through Dance!

Tips and Tricks



Hello all! For this month's newsletter we're giving you a fun activity to do at home that will keep you active, moving, and creative! For this activity, start by thinking about a certain area of your body as a paintbrush. Then, think about how you could use that body part to "paint" the space around you. For example, we challenge you to pick something out of the ordinary such as your feet, elbow, head, or maybe even your earlobe or eyebrow! For an even bigger challenge, consider how you might paint the space high above you or very low to the ground. Think about how fast your paintbrush moves through space. Try using different songs to change the tempo at which the paintbrush moves! Have fun! We would love to see what you create, so feel free to send us a video of your creation!

Spotlight

For this month's spotlight, we will be highlighting one of our collaborating organizations. Oakland Family Services is a non-profit organization that works to help families in need rebuild their foundations and build better futures. To service the community, Oakland Family Services works to provide children with safe homes through their foster care



program, allows children the opportunity to gain an education through their early childhood education program, provides parents with knowledge on how to best interact with their children, and offers counseling services for those struggling with a range of mental health concerns. Take Root has been working with Oakland Family Services for four years and we are so honored to work alongside them. We would like

to say a big thank you to Oakland Family Services for all of their hard work in bettering our community and a special SHOUT OUT to our young friends over there!

Click here to visit their website

Bits of Happiness

This past month we had the pleasure of working with our wonderful young friends at the Detroit Country Day Lower School over zoom. We were so inspired by their creative choices through movement; finding the difference between dancing like snowflakes and pieces of gum! Thank



you Detroit Country Day Lower School for providing such happiness for all of us!

Please send us bits of happiness that you have enjoyed in our arts education videos. What sections did you like? Did you enjoy a specific topic? Send us your bits of happiness at takerootdance@gmail.com!

Upcoming Events

As mentioned in our Bits of Happiness section, we had a lovely afternoon dancing with 100 students at the Detroit Country Day Lower School earlier this month. While we created movement based on adjectives describing snowflakes and gum, our brilliant Musical Director, Jon Anderson provided his sonic creations based off the same topics. We were sticky, gooey, bouncing and yet light, fluffy and cold! Take Root's Arts Education Impact Program will head to Harlan Elementary School next for a special 4th Grade morning class through zoom to start off the month of February. We will use their science studies of Potential and Kinetic Energy to creative movement and music!

Support Take Root



Are you interested in supporting Take Root? Click Here to learn more.

Thank you!

Special thanks to:

Oakland Together Non-Profit COVID-19 Economic Impact Grant

Oakland Together Cultural Institution COVID-19 Support Grant

The Community Foundation of Greater Rochester's Cupp Family and Friend's Youth Endowed Fund, and an "Anonymous Grant" for help in continuing our outreach and performance work!

Oakland University's URC Faculty Fellowship Grant, The WDF Employee Matching Gifts Philanthropic Fund and Amazon Smile

We'd also like to thank
Oakland University's College of Arts and Science Dean's Office
and
Oakland University's Research Department!

Thank you to those whom have donated and continue to support our mission to *Impact Lives Through Dance*. For donor information, please go to https://www.takerootdance.com/sponsorships

NEW GROOVE \$100 - Discount on T6 swag - T8 sticker (for Ped, Mac, etc) - Tark deductible - Opportunity to get involved through planning committees for Overteach programs - All previous incentives PLUS - Opportunity to get involved in planning committees for Overteach programs - PREND \$500 - All previous incentives PLUS - Opportunity to get involved in planning committees for Overteach programs - Previous incentives PLUS - Opportunity to get involved in planning committees for Overteach programs - Previous incentives PLUS - Annual Membership dinner - Annual Membership dinner