

# Connecting Through Dance: Arts Education Impact Outreach Newsletter

#### December 2020



#### Hello from Ali

It's the holiday season! That means waking up to snow, drinking hot chocolate and maybe having a good snowball fight or two! In this issue of our Arts Education newsletter, you will find more fun activities you can do at home, ways you can reach out to us to stay connected. I appreciate each one of you and hope you are keeping yourselves safe, active and engaged. I know we have a lot of young friends out there, so please write to me and let me know how you are doing. You can even send me a video! Thank you to everyone who continues to dance with us and support our important impactful program! As always, I look forward to virtually dancing with you!

Below is the link to our Arts Education Impact Video Series for this month. We hope you enjoy moving and creating with us as much as we have loved creating the classes for you!



Click here for the December Videos!

#### We Want to Hear From You!



Have you been enjoying our Arts Education videos? We hope that our videos are providing you with a fun way to explore movement and stay active during these crazy times! We would love for you to be a part of creating these videos! Contact us with any suggestions you might have about themes, music, props, and more. Any suggestions would be greatly appreciated! Please don't hesitate to reach out to us, as

we greatly value any ideas you might have!

Click here for the questionnaire!

## **Tips and Tricks**

Teach your family at home how to play the freeze dance by changing your shape with your body. Each time you count to three change your shape. What interesting and unique shapes do they make that you didn't think of? Can you make holiday themed



shapes? You can even put on your favorite holiday song in the background.

### **Spotlight**

Hi! My name is Grace Zimmerman and I am a senior at Oakland University. I am a Dance Education and Performance major and want to continue teaching dance for my career. I wanted to be an intern with Take Root because I love their focus on community outreach. I have seen Take Root do amazing things to help kids be more confident and expressive and I knew that I wanted to be a part of it!



#### **Bits of Happiness**

Hello all! We hope that our Arts
Education videos have been making
you smile! Still being able to interact
with you all throughout these crazy
times has definitely been a joy for us!
In this section of our newsletter, Take
Root is asking you to tell us some of
your happiest moments that we've



shared together this month. Have you enjoyed the themes in our videos? Has the movement you've explored brought special moments to your day? Please let us know by using the following link https://www.takerootdance.com/contact. We look forward to hearing about your bits of happiness!

### **Support Take Root**



Are you interested in supporting Take Root? Click Here to learn more.

### Thank you!

#### **Special thanks to:**

Oakland Together Cultural Institution COVID-19 Support Grant

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Thank you to those whom have donated and continue to support our mission to *Impact Lives Through Dance*. For donor information, please go to <a href="https://www.takerootdance.com/sponsorships">https://www.takerootdance.com/sponsorships</a>

